



LAURENTIAN
BANK

PRESS RELEASE

For immediate release

**MAKE YOUR MOVE A BREEZE: TIPS AND TRICKS FROM
LAURENTIAN BANK**

Montreal, June 5, 2007 – Becoming a homeowner, building your nest... So many people dream about it. Since we were little kids, we have been drawing it, modifying it, changing the colour, adding a chimney, two windows... We could already imagine our future house! Made of carton boxes, in a tree, in the snow or under a tent, we were building a home, a shelter, a refuge for ourselves and for people we love. Years later – here it is! We found it, that perfect house of our dreams. And for all those who have decided to take the big step, Laurentian Bank of Canada is happy to offer a few useful tips and advice to make their move easier and trouble-free!

Plan ahead

So often, when moving up into a house, people tend to buy new things. It is important to start by the essentials and to draw up and adhere to a budget. If you do have to invest in new things, we suggest that you buy any large pieces (household appliances, bed, etc.) **before** you move and have them delivered directly to the new address. And before you decide to fully redecorate your new home, think it through. It may be wiser to wait a little, first live in the new place for some time to avoid having to redo it all a few months down the road because you realize that it is not what you need after all.

Simplify the logistics

Planning your move ahead of time will take a lot of stress off your shoulders and will save you some unpleasant surprises. First, decide whether you will move your belongings yourself or will hire a professional. Whichever method you choose, start in advance by renting a van for the day of the move. After that, go through all your things and decide what can be discarded to avoid moving stuff you don't want. Sort the things you are ready to give up into three categories: to recycle, to sell and to give away. Many charities accept old furniture, computers, clothes, tableware, etc. Some of them will even pick them up at your place! Third, arrange for the change of address in advance or use the service offered by Canada Post at www.smartmoves.ca or by the Quebec Government at www.adresse.info.gouv.qc.ca/en/. Canada Revenue Agency offers this service at the federal level at www.cra-arc.gc.ca.

On the big day

Do you have children? For them, a move can be an adventure that they can be a part of. Tell them why you move and describe the many advantages of the new place. Take them to see the new house. And don't forget the neighbourhood park and the new school! They will feel reassured and excited at the idea. Involve your preschoolers by asking them to pack their toys, give your older kids a list of things to do before the move and explain their responsibilities on the move day. When packing their toys and belongings in boxes, help your children sort through the things they don't want anymore, deciding what can be recycled or handed over to the less

fortunate. Wait until the last moment to pack their most cherished items. Also, help them prepare their bag for the move day and the first night at the new place.

But you don't have to have your kids around on the day you move! You can arrange for a fun activity for them during the day and a sleepover at your relative's or friend's place. Kids love that! They can participate in setting up the new place. Above all, keep your smile and stay positive! Your children don't need to feel your anxiety and stress!

Moving can be stressful on your family pets too and thus require a certain degree of preparation. Give your beloved pet time, don't change its habits. If you know someone trustworthy to leave your pet with during the day you move, do so. Drape the bird or small animal cage with a cover during the transport – it will help them stay calm. Transporting fish tanks, especially larger ones, involves certain risks. We encourage you to consult a pet shop specialist.

Laurentian Bank is there to support new homeowners at every important step of their life and hopes that these words of advice will help make their move a stress-free experience.

About Laurentian Bank

Laurentian Bank of Canada is a Quebec banking institution that operates across Canada and is dedicated to meeting its clients' financial needs through excellence in service, as well as through its simplicity and proximity. The Bank serves individual consumers and small and medium-sized businesses, as well as financial advisors through B2B Trust. It also provides full-service brokerage solutions through its Laurentian Bank Securities subsidiary. Laurentian Bank is well established in the Province of Quebec, operating the third largest retail branch network and is also a performing player in specific market segments elsewhere in the country. Laurentian Bank of Canada has over \$17 billion in balance sheet assets and \$15 billion in assets under administration. Founded in 1846, the Bank employs more than 3,300 people. Its common shares are listed on the Toronto Stock Exchange (TSX: LB). For more information, please visit www.laurentianbank.ca.

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